ANNUAL REPORT 2011/2012

Granby Community Mental Health Group
Granby Community Mental Health Group
Management, Staff & Support Network 2011/2012

Board of Trustees

John Wainwright              Chairperson
Lourina Ramsay               Secretary
Emmanuel Mensah         Treasurer
Karen Mello
Herbie Higgins MBE         Deceased Nov 2011
Phil Gore
Stanley Mayne
Phil Pemberton
Mike Carey

Mary Seacole House
Weekday Staff

Carolyn Sowande           Manager
Reihana Bashir                 Deputy Manager
Marie O’ Sullivan            Support Worker
Peter Coker                      Support Worker - Resigned July 2011
Wendy Funcks                  Support Worker
Rosita Mohamed                Outreach Development/ Training Co-ordinator
Lisa Dunn
Kellie Keating              Carers Support Worker
Julie Goldson                 Floating Support
Sheila Berko                   Administrator
Frances Ryan                   Floating Support Worker

Mary Seacole House
Weekend Staff

Peter Coker                      Officer-in-Charge
Patrick Graham              Support Worker
Frances Ryan                    Support Worker
Frances Ryan                   Cleaner-in-Charge

Session Workers

Kim Ryan                          Massage/Aromatherapist
Janine Hancock                     Counsellor

Student Placements

Sheila Berko                     Social Work Student
Abi Blewitt                      Social Work Student
Gwen Ware                        Social Work Student
Clare Hamer                      Social Work Student
Nicola Doyle                     Social Work Student

Volunteers

Shirley Arnez                    Carers Service
Sadia Sahota                    Carers Service
Josephine Wheeler                Carers Service
Raea Mohamed                     Carers Service
Mitra Ebrahim                    Carers Service
Habibullah Ahmabifar             Carers Service
Martha Mills                      Carers Service
Lauren R Smith                   Carers Service
Saqia N Sahota                   Carers Service

Advocacy Project

Judith Cummings            Advocate Manager
Simon Torkington              Advocacy
Catherine Sherlock            Development Officer
Tina Lythgoe                 Independent Mental Health Advocate

Sheila Berko                      Social Work Student
Abi Blewitt                      Social Work Student
Gwen Ware                        Social Work Student
Clare Hamer                      Social Work Student
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Martha Mills                      Carers Service
Lauren R Smith                   Carers Service
Saqia N Sahota                   Carers Service
Chairperson’s Report

Introduction

I would like to welcome all of you who have shown the commitment and interest in attending Granby Community Mental Health Group’s (GCMHG) annual general meeting. It has been another year of challenges and achievements for all involved in GCMHG. The reports that you will read below from the Managers of both projects; the Advocacy Project and Mary Seacole House, will outline some of the innovative work that continue to be delivered in partnership with the users of these services.

Sad loss

However, before I begin reviewing GCMHG achievements for 2011-2012, I would like to start by paying tribute to our former Chairperson and founder member of the organisation. This last year has seen the sad passing of Herbie Higgins MBE, who served as a long standing Chairperson and Trustee of Granby Community Mental Health Group. Herbie worked tirelessly and selflessly for the BME community in Merseyside, and for GCMHG, specifically to improve the lives of BME individuals who have experienced mental health difficulties and racism through the mental health services. Herbie was a big, warm, generous person and all who have and do work, or use the services of Granby community Health Mental Group will miss his leadership, kindness and guiding presence.

Trustees

The Board is also pleased to welcome new Trustees who have brought with them expertise in their own professional area, complementary skills, new ideas, different perspectives, and commitment to enable the GCMHG (and both projects) to face the challenges ahead with a clear vision and a sense of optimism.

Mary Seacole House and the Advocacy Project

This last year – between April 2011 and March 2012 - has been another challenging period, with the ongoing effects of the Coalition government’s public sector cuts continuing to impact on the economic prospects of the voluntary sector in general, and GCMHG in particular. This has been experienced in GCMHG through the reduction in funding that has led to another cut (10%) in the Supporting People grant received by Mary Seacole House. Within this context, the government’s spending cuts have presented a significant challenge to GCMHG’s sources of funding and the models of its service delivery.

However, for this financial year, grant funding for both the Advocacy Project and Mary Seacole House has been maintained. Furthermore, the grant funding for the existing day services has been extended for another year until March 2013. It will be noted from both managers’ reports that the Advocacy project and Mary Seacole House have continued to provide quality services for BME mental health service users in their local communities and the wider Merseyside area. These services have included the Day Service, the Floating Support project, the Carers’ project, and of course, the Advocacy project.

Changes to Organisation

To meet these new challenges Mary Seacole House day service and floating support admin have relocated to an adjacent location in the Kuumba Imani Millennium Centre in Liverpool 8. This enables easier access for people with disabilities and is situated in the centre of the multi-ethnic area of Liverpool. Furthermore, to meet the challenges of providing appropriate and cost effective mental health provision for the BME communities in Merseyside, the Trustees of GCMHG have taken the strategic decision to position the two projects – Advocacy and Mary Seacole – under the one business name of GCMHG. The strategic objective of this move is to ensure that both projects, their managers and staff, are able to deliver services that are responsive, in partnership with BME users, flexible and are financially competitive.
**Challenges Ahead**

Both projects have a challenging period ahead of them because of the reduction in funding available from local government and the future development of GP Consortia to commission mental health services. This will inevitably lead to a period of uncertainty where the trustees and managers of the services will need to demonstrate clear leadership and purpose in the provision of BME mental health services. It is evident that GCMHG will need to respond to these challenges and develop new services that are relevant, accessible and valued by the increasing diversity of BME mental health service users in Merseyside. Further, these services will need to be flexible, meet individual users’ needs, and clear outcomes for our service users and stakeholders.

**Conclusion**

I would like to take this opportunity to thank all the staff and Trustees of both projects for their ongoing endeavour and commitment to the provision of quality services for BME mental health service users in Merseyside. In particular, Judy Cummings and Carol Sowande have continued to provide resolute leadership and commitment in a time of significant professional and financial uncertainty.

Most importantly, thanks and appreciation are also extended to our service users who access and support the ongoing work of the projects, and to all those stakeholders who continue to work in partnership with the projects.

There are big challenges that lie ahead for GCMHG, in the provision of appropriate, relevant and accessible services for the BME mental health service users in Merseyside. These include maintaining high standards of service provision, whilst retaining and seeking new funding sources. All of this work must be provided with the needs, expectations and aspirations of BME mental health services users at the very centre of everything that we do.

Dr John Wainwright

**SECRETARY’S REPORT**

The past year has been a challenging period for the organisation. But it has also been characterised by further positive developments. One significant recent development has been the proposal to merge the Advocacy Project with Mary Seacole House. Such a merger will allow the organisation to further foster its competitive edge and effectiveness.

Given the current developments taking place and the on-going difficult times faced within our sector, we have continued to deliver high standard services and have been responsive to opportunities. Therefore, I would like to thank my colleagues on the Board, and all the staff for their hard work and commitment throughout this period. Moreover, I would like to especially thank the manager’s for their tireless efforts, support and dedication to the organisation.

I would also like to say a massive thank you and a farewell to our members that have left the board. In particular, our late Herbie Higgins MBE, who had made a long-standing contribution towards the organisation.

I’m pleased to say that exciting times lie ahead for us all.

Lourina Ramsay
TREASURER’S REPORT

Once again I find myself writing a Treasurers Report for the GCMHG. This time 2 months into the new financial year and months ahead of our end of year deadline as compared to last year, so progress is being made even if I am no better at book-keeping.

Last year’s experience made me re-examine the requirements that the Charity Commissioners place on us to present our financial affairs to the public. The reporting regime has been undergoing a series of changes intended to ensure that small charities are not saddled with the same demands that would be made on much larger charities.

As Treasurer of GCMHG I am pleased to report that the organisation’s finances during 2011/12 continue to be sound and despite these difficult economic times, the organisation was able to break even at the end of the financial year, which has just ended. This clearly shows that as an organisation, we must redouble our efforts in securing additional funding beyond the life of the existing grants. The Trustees are very conscious of this and we will be working very closely with the senior management staff in order to try to generate additional income.

It is also significant to note that as Trustees we shall ensure that until such time as new funds are generated, we would have to streamline our costs to be in line with the reduced income.

Furthermore, I would like to suggest that we give consideration to looking further to or formulating a “Reserves Policy” which shall ensure that as an organisation we have a minimum amount of unrestricted reserve to cover 6 months’ operating costs. This is not an action for the AGM but I believe it should be placed as an Agenda item for a future GCMHG board meeting for deliberation.

Finally, securing financial stability requires a study and capable financial hands in assisting the Trustees in making the right financial decisions and as a group that search must continue until we find one!

EXTERNAL AUDITORS {SORP 2005}

Granby Community Mental Health Group employs the financial services of BWMacfarlane LLP for the purpose of preparation and auditing of both charities, Mary Seacole House and the Advocacy Project. The Accounts for both Projects are attached to this report.

Emmanuel Mensah
Welcome to Mary Seacole House Annual report. I can’t believe it’s this time once again. The time seems to be flying by nowadays. This year Mary Seacole House celebrated its 20th Anniversary. The celebration was attended by Liverpool City Council Commissioners, voluntary and statutory organisations, staff, service users and trustees from the past and present. This year sadly we lost Mr. Herbie Higgins MBE, a well-respected member of our board of trustees and the local community. Also, Wendy Funcks - Support Worker decided to move on after 16 years and move to Ireland, we all wish her well.

The past few years I have reported on the difficulties we have been facing and not just Mary Seacole House, but the voluntary sector as a whole. All sectors have been affected in one way or another by the economic crisis. Funding cuts, mergers, etc., have all put a lot of pressure on people who work in the Health & Social Care sector. Mary Seacole House has also had to make some difficult decisions in order to make savings but also to help configure our services for the future.

The Day Services project moved into Kuumba Imani Millennium Centre in July last year. The reason being accessibility as the MSH building, Upper Parliament Street was deemed as not fit for purpose. We now rent 2 offices, hire activity rooms as and when required, and hire the kitchen facility once a week from Kuumba Imani. It took our service users a little time to get used to the changes but they all seem to accept it now. The staff team also had an Away-Day in June last year to discuss and decide how Mary Seacole House would operate between the two premises, co-ordinate it’s activities and develop it’s services.

As always the most important issue is to ensure that we continue to deliver high quality services that are needed by our service users and required by our stakeholders. We strive to be person centred and to reflect and value the diversity of our staff, trustees and service users.

No organisation can operate without a number of key people playing their part. Therefore we depend on committed, motivated and caring people who understand our struggle and are prepared to put in the hard work. We have a strong support group of volunteers and session workers who are all committed to our cause. The massage/aromatherapist, has over the years managed to acquire funding to run small projects for the service users, and this year she secured funding to set up a gardening group.

This project has enabled service users to plant and grow herbs and vegetables. The produce is then used by service users who participate in the catering group, and who prepare meals on a weekly basis for other users, staff, and other agencies within the Kuumba Imani building and for other community organisations.

Service users also get the opportunity to train in Health & Safety and Food Hygiene and then have 3 months practical hands on sessions learning how to cook and prepare meals.

As an organisation we have met with various other organisations to look into partnership working. The most successful partnerships are with Merseyside Youth Association, Merseyside Probation, and Addaction.

We are also in the process of exploring the idea of forming a partnership with Irish Community Care and Merseyside Chinese Carers Development Association. This is still at the very early stages, hopefully I will be reporting on our success on this for next year.

Another very important aspect of our service is the Board of Trustees. The organisation is looking at increasing the number of people on the present Board, so if you are reading this report and have an interest in our organisation and feel you have something to offer, please contact us, especially if you have experience from a legal or financial background.

Finally, I would like to thank every one for your continued support and to encourage as many of you as possible to become supporters of the organisation either as trustees, volunteers, partners, funders or any approach you see fit.

Carol Sowande
SERVICE USER EVENTS & MARY SEACOLE HOUSE ACHIEVEMENTS 2011/2012

April
Training for Carer’s in Dementia Awareness
Registered with CARERS UK Affiliation

May
Healthy Eating and Cooking Classes for Carer’s

June
First Aid Training for Carer’s
Mental Health Football Tournament

July
Relocation of Mary Seacole House the Day
Service to Kuumba Imani Millennium Centre

August
Launch of Mary Seacole House Luncheon Club
at the Kuumba Imani Millennium Centre
Pilot run of the Positive Progress Course
(18-25yr olds)

Mary Seacole House 20th Anniversary
The organisation celebrated its 20th Anniversary
in August 2011 at 91 Upper Parliament Street.
Carer’s completed a 12-week Basic Computer
and I.T. course.

September
Carer’s Project registered with ‘Giving Us A
Voice’ Charter

November
Positive Progress Conference partnered by
Mary Seacole House, Merseyside Youth
Association & Maritime Museum

December
Mary Seacole House organised and held a
Black History Event (Black People & Mental
Health) in Partnership with Mersey Care NHS
Trust.

March
Achieved the ‘Work Place’ Charter

SERVICE USERS
Thirteen of Mary Seacole House service Users
completed Food Hygiene Level II and Basic
Health & Safety courses.

POSITIVE PROGRESS
Mary Seacole House in partnership with
Merseyside Youth Association ran a Positive
Progress pilot project from July - Nov 2011.
During the pilot we monitored participants
against project outcomes. From this we were
able to evaluate the effect of the programme.

The most important statistic is that 9 of the 10
people are now in employment, further
education or training. Also, there were
significant reductions in service user medication
levels and alcohol and drug dependency.

SERVICE USER ANALYSIS BY
RACIAL ORIGIN 2011-2012

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SUPPORT WORKER’S REPORT

Welcome Group

The welcome group operates weekly; this is to welcome new members to the service and is a great opportunity for them to meet some of our existing members and speak to staff regarding groups, activities, and also to look at what they want to do when they join the service.

Coffee Morning

Every Thursday morning we provide tea, coffee and cooked breakfasts for our members, community users of the Kuumba Imani Millennium Centre, members of the public and staff. We have a couple of members who volunteer helping staff make and serve the breakfasts.

Lunch Club

Open to all members of the public and our members, this provides healthy meals every Friday at lunchtime. Our members also volunteer their services to this activity and get the opportunity to achieve Food Hygiene and Health & Safety qualifications. The members have shown they have the ability to work and also support each other and it has helped with their confidence and their mental health.

Men’s Group

The Men’s Group have done well this year, especially during the Premier League Men’s Health Programme, which was run by Christine Mounsey and Rob Hayes. The men attended in numbers and are looking forward to the next eight-week session around healthy eating. They have also attended art exhibitions and discussions at the Maritime Museum, festival gardens and participated in walks around the city.

Discussion Group

This is a topical debate group meeting held once a week. Topics are varied, ranging from Benefit changes, religion, financial stability of our banks, sport, Queen’s Jubilee (facts) to name but a few. Our members generally pick the topics that we discuss and the sessions really demonstrate their knowledge on various subjects.

Community Gardening Group

The gardening group have been very productive this year. We have two garden spaces available to us at the Kuumba Imani Millennium Centre one at the front and one at the back of the building. The garden area at the front has been totally transformed from looking like a rubbish tip to looking very pretty and colourful. Many positive comments have been passed on via various sources about how nice it is. The members have put in a lot of hours and hard work to get it looking the way it is, and without them this would never have been possible.

The garden area at the back also has been transformed by using potted plants and vegetables, which we use in our kitchen during our cooking sessions. Produce such as carrots, potatoes, spring onions, strawberries and garlic has been successfully grown. We have also set out table and chairs so that members of the community can sit outside and enjoy their tea/coffee, have a chat, enjoy the scenery and the beautiful summer days.

The garden group will also be providing a blog page once we receive our computers. This will be an interactive activity and all will be welcome.

I would like to take this opportunity to thank all the members who are involved in all of the above activities for the work they have achieved and the confidence they have gained. Also, the Kuumba Imani staff that have helped us settle into their building and the support they afford us.

Peter Coker
Rosita Mohamed
OUTREACH DEVELOPMENT OFFICER/TRAINING CO-ORDINATOR

The Outreach services have developed greatly over the last financial year. The most significant is that we have started working with 18-25 yr olds and now offer a 12-week personal development and employability ASDAN accredited course. Funding was secured from the John Moores Foundation to deliver two 12-week courses. We are seeking funding to make this an ongoing course that will eventually be able to pay for itself.

The course is delivered in partnership with Merseyside Youth Association, Addaction and Barclays Bank. On completion of the course the young people have the opportunity to move onto a BTEC in employability with Learn Direct.

Mary Seacole House has also developed links with Manchester group Youth Elements who work in partnership with a group of young adults from Norway and we will also be working with them in the future. There is a planned conference in November 2012 which we will be participating in.

Lisa Dunn

CARER’S SERVICE

The carers’ service over this year has continued to grow and we are working with over 100 carers and families, with this increase has come more demand for support and more staff. In November we were able to appoint a volunteer as a part time support worker. We have also recruited 9 volunteers who regularly provide much needed support to the service.

Funding

We received some pots of funding over the last year including the Austin Smith Fund which enabled us to continue running the Carers lunch club each Friday, in conjunction with the Youth offenders team who provide their time to come into MSH to cook lunch. The lunches are extremely popular and offer a place for carers to meet and talk to other carers.

We also received funding from the Cancer Equality Foundation and Ethnic Minority Cancer Awareness which we used to highlight cancer awareness amongst the BME communities. We held an event that was attended by 60 people. We had professionals attend the sessions to discuss early detection and specific cancers that are high among BME communities. To ensure the information was accessible to all we provided interpreters and ensured information was translated into the appropriate languages. We are also due to start a new joint project with Liverpool PCT/Mersey Care for carers and families who have someone with dementia or at risk of dementia – The Reminiscence project will provide awareness and memory boxes and training to help deal with and understand dementia.

Training

We have provided various training for the carers including Esl, healthy eating, first aid, computers, food hygiene and health awareness sessions as both members of staff have been trained as Health Trainers. We have also recently linked in with local pharmacy Cohens to provide Health checks for carer’s. BMI, blood pressure, cholesterol and diabetes checks are important as these affect a high number of people from BME backgrounds, and it is important to ensure our carers are healthy and looked after.

In addition to running more creative sessions which include crochet, crafts and knitting, we also linked in with both PSS and Granby Adult Learning who attended the centre monthly to enrol carers onto taster sessions. The carers are also active in healthy activities including walking groups, zumba and ever popular yoga.

Outcomes have shown that carers accessing our services have improved in both their physical, social and mental health. Wellbeing has also improved, as carers have been attending more social events and the lunch club providing them with the opportunity to socialising with other families.

I would like to take this opportunity to thank all the carers and their families for their ongoing support and commitment over the last year.

Kellie Keating
ADVOCATE MANAGER’S REPORT

The economic climate we found ourselves in over the last 12 months has been the most challenging period since our launch in 1993. Although our Service Level Agreement from Liverpool City Council showed no reduction in our core funding, there were no signs of a significant increase either. A concerted effort to attract additional revenue became our focal point throughout the year, as we managed to secure small donations from several benefactors namely Rex Makin Foundation, DDBAA, The Duchy of Lancashire and Rathbones.

We are indeed very grateful for their support in our quest to fund another Peer Advocacy Training Programme, now due to be starting in early 2013.

As part of the Re-think Consortium providing an IMHA (Independent Mental Health Advocate) service to our BME communities, we have grown in confidence in our service delivery, steadily increasing our client numbers along with establishing our presence throughout our psychiatric catchment area. Issues around cultural sensitivity, identity and appropriateness have been challenged and addressed on our client’s behalf. This will be demonstrated in Simon Torkington’s report.

Our sister organisation, the Mary Seacole House marked its 20th year as a mental health care agency on a wonderfully sunny day in our back garden on Friday 19th August. The Advocacy Project shared in their celebrations by inviting the High Commissioner of Jamaica - His Excellency Anthony Smith Johnson along on the day. Representatives from Liverpool City Council, Liverpool PCT, Mersey Care along with many other guests and service users were also present.

They have all worked with and supported GCMHG throughout those years, and in turn each speaker acknowledged the many achievements of Mary Seacole House.

The development of Advocacy since our early years as an organisation, and the impact of government policy changes regarding advocacy provision for all detained psychiatric patients, meant additional training had to be undertaken by our two advocates. Both Simon Torkington and Catherine Sherlock completed their 3-day Independent Mental Health Advocate training programme. This initial training leads the Advocate towards the completion of their portfolio around advocacy knowledge, skills and working practise with the detained patient.

Funding

Towards the end of November 2011, I worked on two fairly large funding bids. A CAPITAL bid focused on trying to replace our antiquated lifts to address our accessibility problem for disabled service users. The other REVENUE focused on the Personal Development Training for our Staff Members in the delivery of Project Management. Unfortunately the tremendous demands placed upon the funding bodies proved very challenging, and both bids could not be taken further. As anyone involved in bid writing will confirm, this task takes an enormous amount of time and energy to complete. In an ideal situation a dedicated Fundraiser would be such an invaluable asset to our organisation.

Acknowledgements

Ms Christine Holland who graduated from our peer Advocacy training programme and worked on our placement scheme within the Advocacy project passed away on 24th March 2011. She will be fondly remembered by all who had the pleasure of working with her.

Mr Herbert Vincent Higgins MBE, who a few years back was Chair of GCMHG passed away on 9th November 2011. He remained committed to the empowerment of individuals and marginalized groups who struggled to find a voice. He also will be remembered for his many years of service for his community.

I will also take this opportunity to thank all our clients/service users for their support of our agency, the Mary Seacole House and our Board Members for their commitment to the philosophy of Advocacy during very challenging times.

Judith H Cummings
ADVOCACY DEVELOPMENT OFFICER’S REPORT

The past year has been very mixed in terms of the duties and activities in the Advocacy Project. During the first part of the year I was able to continue with the community advocacy work which is the main emphasis of our service provision. I continued to support people on an individual basis with a proactive approach to identifying any issue based trends that emerge within our client group.

I have continued with links to legal services for our clients and work in more depth with solicitors providing support with a number of legal issues relating to crime, immigration, housing, family and obviously mental health. The increasing number of diverse communities has meant that we have not only had a client group from different countries but that the coverage of service has spread to new areas of the city with a more densely diverse population in Liverpool 6 and 7 post codes. There are however an increasing number of ethnic minorities living in areas of the city that have historically had a predominantly white British population. The new arrivals are sometimes at risk from the established residence of these areas and could also suffer stress from isolation. We have a responsibility to ensure that the mental health needs of all people in the city are considered. To this end the Advocacy Project is committed to providing a service to them all. A programme of promotion was planned to engage these communities and raise the profile of our service to enable them to get support for their needs.

I have joined with a number of organisations in the Asylum Seeker and Refugee Development Group. I have proposed additional support services for these groups with advocacy clinics at Asylum Link and G.P surgeries in the most diversely populated areas.

The programme is still in place although there has been a hold placed on it because the second part of the year my focus was switched to the inpatient IMHA provision because of a change in circumstances in the staffing of the organisation. The IMHA service is now well established and has been running smoothly under the guidance of Catherine Sherlock.

My time had been split between the community service and IMHA previously with the vast majority of the work based in the community and only a small IMHA client group.

The issues experienced are largely the same for inpatients as have been identified in the past, but there are still shortfalls in the service provision for BME patients. We had previously encountered a problem with dietary requirements in psychiatric units which had been sparked by a lack of variety in Halal food.

Catherine has followed this through and found that while there was certain amount of variety introduced, it seems that the perception of Halal food is that it should be hot spiced. Both Catherine and I have found that patients do not all want to eat highly spiced food and would like alternatives other than baked potato, salad or just vegetables.

The other two areas of our service provision, The Independent Mental Health Advocacy and Peer Advocacy Training Programme, are a very big component of the services that we provide. With the three services together we provide a three pronged advocacy service in which we incorporate community and inpatient advocacy as well as our training for our clients on the mental health services.

The Peer Advocacy programme will take place next year following the successful funding bid to an independent funder. Funding was secured following the staff completing a project Management Training course which helped us establish the best way to plan the programme and look at the next stage of developing it. This programme will hopefully be the catalyst for future funding to be secured and the accreditation of the programme which will make the training a more attractive proposition not only to our Peer Advocates, but also to professional working people experiencing mental ill health.
ADVOCACY DEVELOPMENT OFFICER (Continued)

Many organisations have suffered through the global financial situation which has been reflected and impacted on the city’s own economy. We have had to take on new responsibilities relating to benefits, welfare rights and legal issues because of the withdrawal of funding and legal aid. Some people are now finding it difficult to get the services that have previously been there and while staying within our particular area and fulfilling our remit we and other surviving organisations are feeling and trying to deal with the impact of the removal of many services.

The next year will bring its own challenges in delivering services, but I would hope that with more collaborative work in the community we can reach a greater number of people who require our support.

Simon Torkington
ACKNOWLEDGEMENTS

Abercromby Health Centre
Action For Blind
Advocacy Project
Adulham Homes
Alan Heron – CHATs Community Health Ambassador
All Members of Mary Seacole House
All CPNS who have worked with us
All Mental Health Day Centres
All Social Workers who have worked with us
Alison Bowers - CAB
Amina House
Amistead
Andy Kerr - Mental Health Consortium
Angela Crockett
Arundel House
Autistic Initiatives
Barnados
Baroness Rosalind Howells OBE
Bingley Consultancy
Blueurbansky – Nick O’Prey
Broadaak Unit
BRM Network
CAB, Garston
Fire Prevention HQ, Aintree
Caribbean Centre
Catherine Mullan - Diverse Minds
Cheryl Asterley - Youth Offending Service
Cheryl Kidman - Liverpool City Council
Christ Church, Linnet Lane – Garden
Collage Arts & Mental Health Project
Comtechsa
Consultant Psychiatrists who have worked with us
Crisis Service
Culture Catering
David Hughes - Design/Print
Dorothy Kuya - Community Engagement
EVERTON in the Community
Fazakerley Hospital Psychiatric Unit
First Place
Ged Roberts - Peter Edwards and Co. Solicitors
Gideon Ben-Tovim - Chair of Liverpool PCT
Graham Batey – Community Foundation for M/Side and Lncs
Hillsborough Project - Community Support Team
Homeless Outreach Team
Irish Community Care Merseyside
John Moores University
Joint Forum
Karen Small - MerseyCare
K & K Caterers
Kuumba Imani Millennium Centre
LCVS
Liverpool Community College
Liverpool Health Promotions
Liverpool Housing Trust
Liverpool University
MAAN Project
Macfarlane & Co Chartered Accountants
Mark Cody - BDI Computer Consultants
Maritime Museum
Melba Wilson OBE - Director of Race Equality London
Development Centre
MerseyCare NHS Trust
MerseyCare - Ruth Jones
Merseyside Police
Mike McKeown - Senior Lecturer of Health & Social
Care University of Central Lancashire
Multicultural Women’s Advisory Group
National Museums Liverpool
News From Nowhere Radical & Community Bookshop
Nicola Murray - Liverpool City Council
Nigel Mellor - Comtechsa
Peninsula Business Services
Peter Edwards - Peter Edwards and Co Solicitor
Pilkington General Charitable Fund
Police Crime Prevention Team
Powerhouse Project
Professor Protasia Torkington
Professor Sashi Sashidharan
PSS
Quill Pinpoint Accounting Ltd
Rathbone Hospital
Rameri Moukam - Clinical Director for Pattigift African
Centred Mental Health Services
Richmond Fellowship
R & K Robinson Construction
Samih Kalakeche - Director of Integrated Adult Health
and Social Care LCC/LPCT
Selton Council
Social Inclusion Team
The Management Committee
Rialto Pharmacy
Texteth Library
Texteth Sport Centre
Texteth Women’s Group
Texteth Youth Engagement (Fire Service Rescue)
Welfare Organisation Committee (WOC)
WHISC
Whitechapel Project
Windsor House
Windows Project
Women’s Community Support Team

FUNDING BODIES

Liverpool City Council
Liverpool Primary Care Trust
John Moores Foundation
RETHINK Consortium
GRANBY COMMUNITY MENTAL HEALTH GROUP  
MARY SEACOLE HOUSE STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 MARCH 2012

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted funds</th>
<th>Designated funds</th>
<th>Restricted funds</th>
<th>Total 2012</th>
<th>Total 2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations and legacies</td>
<td>2</td>
<td>2,000</td>
<td>-</td>
<td>-</td>
<td>2,000</td>
</tr>
<tr>
<td>Incoming resources from charitable activities</td>
<td>3</td>
<td>233,612</td>
<td>-</td>
<td>28,498</td>
<td>262,110</td>
</tr>
<tr>
<td>Other incoming resources</td>
<td>4</td>
<td>8,530</td>
<td>-</td>
<td>62</td>
<td>8,592</td>
</tr>
<tr>
<td><strong>Total Incoming resources</strong></td>
<td></td>
<td><strong>244,142</strong></td>
<td>-</td>
<td><strong>28,560</strong></td>
<td><strong>272,702</strong></td>
</tr>
<tr>
<td>Charitable activities</td>
<td>5</td>
<td>243,736</td>
<td>-</td>
<td>48,217</td>
<td>291,953</td>
</tr>
<tr>
<td>Activities undertaken directly</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Governance costs</td>
<td></td>
<td>3,968</td>
<td>-</td>
<td>1,048</td>
<td>5,016</td>
</tr>
<tr>
<td><strong>Total resources expended</strong></td>
<td></td>
<td><strong>247,704</strong></td>
<td>-</td>
<td><strong>49,265</strong></td>
<td><strong>296,969</strong></td>
</tr>
<tr>
<td>Net expenditure for the year/Net movement in funds</td>
<td></td>
<td>(3,562)</td>
<td>-</td>
<td>(20,705)</td>
<td>(24,267)</td>
</tr>
<tr>
<td>Fund balances at 1 April 2011</td>
<td></td>
<td>27,160</td>
<td>50,000</td>
<td>120,090</td>
<td>197,250</td>
</tr>
<tr>
<td>Fund balances at 31 March 2012</td>
<td></td>
<td>23,598</td>
<td>50,000</td>
<td>99,385</td>
<td>172,983</td>
</tr>
</tbody>
</table>

The statement of financial activities also complies with the requirements, for an income and expenditure account under the Companies Act 2006.
GRANBY COMMUNITY MENTAL HEALTH GROUP
MARY SEACOLE HOUSE BALANCE SHEET
AS AT 31 MARCH 2012

<table>
<thead>
<tr>
<th>Notes</th>
<th>2012 £</th>
<th>£</th>
<th>2011 £</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FIXED ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible assets 10</td>
<td>65,503</td>
<td></td>
<td>65,775</td>
<td></td>
</tr>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors 11</td>
<td>18,800</td>
<td>-</td>
<td>16,741</td>
<td>-</td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td>96,613</td>
<td>-</td>
<td>124,229</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>115,413</td>
<td>-</td>
<td>140,970</td>
<td>-</td>
</tr>
<tr>
<td><strong>CREDITORS:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>amounts failing due within one year 12</td>
<td>(7,933)</td>
<td>-</td>
<td>(9,495)</td>
<td>-</td>
</tr>
<tr>
<td><strong>NET CURRENT ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>107,480</td>
<td>-</td>
<td>131,475</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL ASSETS LESS CURRENT LIABILITIES</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>172,983</td>
<td>-</td>
<td>197,250</td>
<td></td>
</tr>
<tr>
<td><strong>INCOME FUNDS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restricted funds 14</td>
<td>99,385</td>
<td>-</td>
<td>120,090</td>
<td></td>
</tr>
<tr>
<td>Unrestricted funds:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Designated funds is 15</td>
<td>50,000</td>
<td>-</td>
<td>50,000</td>
<td></td>
</tr>
<tr>
<td>Other charitable funds</td>
<td>23,598</td>
<td>-</td>
<td>27,160</td>
<td></td>
</tr>
<tr>
<td></td>
<td>172,983</td>
<td>-</td>
<td>197,250</td>
<td></td>
</tr>
</tbody>
</table>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2012. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The accounts were approved by the Board on 26 May 2012

John Wainwright
Trustee

Emmanuel Mensah
Trustee

Company Registration No. 3204514
## GRANBY COMMUNITY MENTAL HEALTH ADVOCACY PROJECT (GCMH ADVOCACY PROJECT)

**STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31st MARCH 2012**

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2012</th>
<th>Total 2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INCOMING RESOURCES FROM GENERATED FUNDS</strong></td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Donations and legacies</td>
<td>2</td>
<td>435</td>
<td>5,750</td>
<td>6,185</td>
</tr>
<tr>
<td>Incoming resources from charitable activities</td>
<td>3</td>
<td>8,519</td>
<td>99,613</td>
<td>108,132</td>
</tr>
<tr>
<td>Total incoming resources</td>
<td></td>
<td>8,954</td>
<td>105,363</td>
<td>114,317</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>RESOURCES EXPENDED</strong></th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charitable activities</td>
<td></td>
</tr>
<tr>
<td>Activities in furtherance of charity’s objects</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6,841</td>
</tr>
<tr>
<td>Governance costs</td>
<td>2,066</td>
</tr>
<tr>
<td>Total resources expended</td>
<td></td>
</tr>
</tbody>
</table>

| **NET INCOME/(EXPENDITURE) FOR THE YEAR/ NET MOVEMENT IN FUNDS** | 47 | 911 | 958 | (7,265) |
| Fund balances at 1 April 2011 | 2,181 | 17,199 | 19,380 | 26,644 |
| Fund balances at 31 March 2012 | 2,228 | 18,110 | 20,338 | 19,379 |

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.
## GRANBY COMMUNITY MENTAL HEALTH ADVOCACY PROJECT (GCMH ADVOCACY PROJECT)
### BALANCE SHEET
#### AS AT 31st MARCH 2012

<table>
<thead>
<tr>
<th>Notes</th>
<th>2012</th>
<th>£</th>
<th>2011</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FIXED ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible assets</td>
<td>9</td>
<td>948</td>
<td>1,724</td>
<td></td>
</tr>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>10</td>
<td>9,417</td>
<td>21,571</td>
<td></td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td></td>
<td>13,950</td>
<td>508</td>
<td></td>
</tr>
<tr>
<td><strong>CREDITORS:</strong> amounts falling due within one year</td>
<td>11</td>
<td>(3,977)</td>
<td>(4,424)</td>
<td></td>
</tr>
<tr>
<td><strong>NET CURRENT ASSETS</strong></td>
<td></td>
<td>19,390</td>
<td>17,655</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL ASSETS LESS CURRENT LIABILITIES</strong></td>
<td></td>
<td>20,338</td>
<td>19,379</td>
<td></td>
</tr>
<tr>
<td><strong>INCOME FUNDS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Restricted funds</td>
<td>12</td>
<td>18,110</td>
<td>17,199</td>
<td></td>
</tr>
<tr>
<td><strong>UNRESTRICTED FUNDS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>2,228</td>
<td>2,180</td>
<td></td>
</tr>
<tr>
<td><strong>UNRESTRICTED FUNDS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>20,338</td>
<td>19,379</td>
<td></td>
</tr>
</tbody>
</table>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2012. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The accounts were approved by the Board on 31 August 2012

Emmanuel Mensah
Trustee

John Wainwright
Trustee

Company Registration No. 4012951